

The Big Sleep Easy

ARE YOU A
LOCAL BUSINESS?

Make a difference
Enjoy yourselves
Earn positive PR
Team building FUN!

17
Nov

On Saturday
17 November 2018 we
are inviting individuals, groups and
LOCAL BUSINESSES to join us, build shelters
out of cardboard boxes and sleep out for the night in
a sponsored community effort to combat local homelessness.
TOGETHER we can make a real difference to people's lives!

WHERE: Bournemouth Sports Club, Chapel Gate, East Parley, Christchurch BH23 6BL

WHEN: 6.45pm Saturday 17th Nov till 6.30am Sunday 18th Nov

WHY: To aid our fight against homelessness and
make a real difference to people's lives

Supported by



#bigsleepeasy

YMCA

SLEEP
EASY

www.ymcabournemouth.org.uk



For an events pack, please call 07897 563 473 or
email martin.stockley@ymcabournemouth.org.uk

Businessman Mehdi Vahdati, founder of the Tijen Hotel and Restaurants, was supported by us many years ago when he lost a previous business and found himself homeless.

“YMCA Bournemouth gave me a sense of family, talked to me, advised me, arranged courses and gave me the space to unravel what happened. I had a place where I was safe. They can change your life: they changed mine.”

Sleep rough so others don't have to!

Event: The 2018 BIG Sleep Easy

Date: Saturday 17 November 2018

Time: From 6.45pm through to 6.30am on Sunday 18 November 2018

Venue: Bournemouth Sports Club, Chapel Gate, Christchurch BH23 6BL

We are inviting individuals and local businesses to take part in a unique charity fundraising event aimed at raising awareness of homelessness and funds to support our work helping homeless people achieve **independent living and a secure/positive long-term future**.

The BIG Sleep Easy offers a fantastic challenge to individuals to set themselves a fundraising target, build the best cardboard shelter and 'survive' until morning. For local businesses and organisations, it's also the perfect opportunity for team-building, informal networking and the chance to demonstrate your organisation's community spirit.

Upon arriving, you will be given two/three cardboard boxes to set up your shelter in a secure outside games area. The shelters can then be decorated as you wish, with prizes awarded for decoration and innovation.

For those in need of warming up, we will have fun challenges and events from 9.30pm plus an essential supply of hot soup. At 10.30pm we will wish one another a fond goodnight!

Join us, have fun and make a difference!

Running Order

- 6.45pm - Participants arrive and given boxes to build their shelter
- 8pm - A welcome briefing / hot drink
- 9.15pm - Prizes awarded to the best/most innovative shelters
- 9.30pm - Press photos + fun challenges/events + hot soup served
- 10.30pm - Lights Out...and wishing you a comfortable nights sleep!
- 6.30am - Breakfast Bap served for those that have booked them
- 8.00am - Site cleared, press photos and a BIG thank you to all!

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